

ELEMENTARY SCHOOL COUNSELING  
COUN 523

Fall 2004  
Dr. Duane Halbur  
Department of Counseling  
University of North Dakota

## **Instructor Information**

Duane Halbur, PhD, NCC, LPC, LMHC

Montgomery Hall 310

Office: 701.777.6233

Department: 701.777.2605

Email: [duane.halbur@und.edu](mailto:duane.halbur@und.edu)

Webpage: TBA

Office hours by appointment

### Course Description

This course is designed to provide students with the information and skills to implement a comprehensive elementary school counseling and guidance program. It is intended to inspire prospective school counselors to be knowledgeable advocates for pro-active counseling at the elementary school level.

### Course Objectives

The purpose of this course is to learn the basic functions of an elementary school counselor. In addition, this course will educate you on the major components of a comprehensive elementary school counseling program.

Additional Objectives Include:

1. Understand the roles of elementary school counselor as consultant, counselor and coordinator
2. Understand relevant ethical codes and legislation surrounding school counseling
3. Become familiar with ASCA's *Nation Standards for School Counselors*
4. Learn major tests relevant to school counselors
5. Become familiar with DSM-N-TR diagnoses relevant to school counselor
6. Learn how to develop classroom guidance lessons
7. Learn how to conduct a needs assessment
8. Become familiar with contemporary issues relevant to elementary school counseling

### Course Texts

*Required*

Schmidt, J. J. (2003). *A survival guide for the elementary / middle school counselor*  
(2<sup>nd</sup> ed.). San Francisco: John Wiley & Sons, Inc.

*Optional*

American School Counselor Association. (2003). *The ASCA National Model: A framework for school counseling programs*. Alexandria, V A: Author

Other readings as assigned.

Course Requirements

Professionalism: Professionalism is exhibited through preparation, participation and professional deportment.

Needs Assessment: You are to develop a needs assessment protocol for students, teachers and parents. The assessment should be ready to go.

Classroom Guidance Lesson: You are to develop one classroom guidance lesson. You may pick the target elementary age. You should provide a rationale for the lesson and include your goals / objectives for the lesson. More information will be given in class.

Integrative Interview: You are to interview a school counselor and write a short reflective paper. Your interview and paper should focus on contemporary professional concerns of a school counselor. You should include at least one to two citations (in APA style). Provide a list of the major questions you ask.

Your performance in the course will be evaluated as follows:

<u>Requirements</u>	<u>Potential Points</u>
Professionalism	25
Needs Assessment Classroom	25
Guidance Lesson Integrative	25
Interview	25
<b>Total</b>	<b>100 points</b>

A	90-100
B	80-89 <i>Due to the nature of the class, grades of "incomplete" will rarely be given</i>
C	70-79
F	69 and less

### **Very Tentative Course Outline**

Class		Assignment
October 19 <sup>th</sup>	What is a Comprehensive Elementary School Counseling Program?	Syllabus
October 26 <sup>th</sup>	What do we do?	Chapters 1-4
November 2 <sup>nd</sup>	Individual Counseling	Chapters 6-8
November 9 <sup>th</sup>	Classroom Guidance and Crisis	Chapters 9-10 <i>Needs Assessment Due</i>
November 16 <sup>th</sup>	Group Counseling	Chapter 5
November 30 <sup>th</sup>	Appraisal / DSM-IV-TR	Chapter <b>11</b> <i>Classroom Guidance Lesson Due</i>
December 7 <sup>th</sup>	The Three C's	. Chapter 12 Integrative Interview Due

## 523 ELEMENTARY SCHOOL COUNSELING LEARNING OUTCOMES

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