CARA J. DEMAINE

715 N 40th St #105 J
Grand Forks, ND 58203
(218) 779-4558 cara.demaine@und.nodak.edu

OBJECTIVE

To continue to develop my knowledge and skills in the field of kinesiology, by obtaining a position within a workplace that offers a reputable and challenging environment.

WORK EXPERIENCE

08/07-12/07 University of North Dakota Enrollment Services Grand Forks, ND

Enrollment Services Representative Intern

- Recruitment of prosepective students
- Counseling students and families regarding UND admissions, academic programs, and campus facilities
- Assists with the planning and execution of Enrollment Services events including UND Welcome Weekend, Fall Open House, View ND Saturdays

10/07-12/07 University of North Dakota Enrollment Services Grand Forks, ND

Information Manager

- Trains and supervises student employees
- Maintains prospective student data base
- Collaborates with departments to distribute prospective student information
- Oversees all Enrollment Services mailings to prospective students and their families
- Assists with clerical duties as needed

08/06-Present University of North Dakota
Physical Education, Exercise Science, and Wellness Deptartment Grand Forks, ND

Instructor

- Designs course curriculum, assessment, and syllabi
- Instructor of the following courses:
- Fall, 2006-2007 - Instructor - Physical Education for the Elementary Grades (PXW 205)
- Fall, 2005-2007 - Lab instructor - Introduction to Teaching in Physical Education and Sport Settings (PXW 323)
- Spring, 2007 - Instructor - Adapted Activities Programming (PXW 404)
- Spring, 2006; Summer 2007 - Instructor - Shape Up (PXW 101 and PXW 102)

09/05-08/06 University of North Dakota Women's Basketball Grand Forks, ND

Graduate Assistant Coach

- Responsible for game preparation, including film breakdown and exchange
- Assists with recruitment of student-athletes
- Monitoring academic progress of student-athletes
- Assists with coordination of summer basketball camps

EDUCATION

08/05-08/07 University of North Dakota Grand Forks, ND

- GPA: 4.0
- M.S. in Kinesiology
- Area of concentration: Sport Pscyhology

8/02-12/04 University of North Dakota Grand Forks, ND

- Graduated Summa Cum Laude (GPA: 3.93)
- B.S. in Physical Education and Minor in Health Education
- President's Honor Roll 2002-2004

08/00-05/02 Lake Region State College Devils Lake, ND

- GPA: 3.89
- Associate of Arts Degree

RESEARCH

- Master's thesis: "Sources of Sport Confidence and their Relationship with Sport Confidence in College Basketball Players." (Supervised research under the direction of Dr. Sandra Short)
- Poster Presentation – University of North Dakota Graduate Scholarly Forum (March, 2007)
- Poster Presentation - North American Society for the Psychology of Sport and Physical Activity (NASPSA) annual conference in San Diego (June, 2007)

HONORS AND ACTIVITES

- Member of the UND women's basketball team 2002-2004
  - Team Captain 2002-2004
  - NCC Defensive Player of the Year 2003-2004
  - Conference and Regional All-Academic Team 2002-2004
  - North Central Conference Tournament Champions 2002-2004
- Member of the Lake Region State College women's basketball team
  - North Dakota Female Athlete of the Year 2001-2002
  - Two-time NJCAA Division I All-American 2000-2002
- Member of Student Athletic Advisory Committee 2003-2004

COMPUTER SKILLS

- Microsoft Word, Works, Excel, and PowerPoint
- Certified in Blackboard Workshop 7.1
- LiveText
- SPSS
- Photoshop
- Internet
- Email

REFERENCES

Academic:
Dr. Thomas Steen
Associate Professor
Physical Education, Exercise Science, & Wellness Department
Hyslop Sports Center Room 202E
2751 2nd Avenue North Stop 8235
Grand Forks, ND 58202
Phone: 701-777-4343
Email: thomas.steen@und.nodak.edu

Employment:
Kenton Pauls
Director of Enrollment Services
University of North Dakota
Carnegie Room 114
250 Centennial Drive Stop 8135
Grand Forks, ND 58202
Phone: 701-777-3885
Email: kentonpauls@mail.und.nodak.edu

Personal:
Gene Roebuck
Head Women's Basketball Coach
University of North Dakota
Betty Engelstad Sioux Center Rm 208A
801 Oxford Street Stop 9046
Grand Forks, ND 58202
Phone: 701-777-2980
Email: generoebuck@mail.und.nodak.edu